

Halifax metro

JOHANNA SCHNELLER
Moral outrage and
hope in Confirmation



metroLIFE

Your essential daily news | MONDAY, APRIL 18, 2016

High 10°C/Low -2°C Partly cloudy  

 **HALIFAX HEROES**

'HOW CAN I HELP?'

When it comes to giving back
to her community, this Dartmouth
girl goes above and beyond

metroNEWS

Lillian Curlett
JEFF HARPER/METRO



Actor portrayals.

Do your life justice.
Career training for Correctional Worker & Policing Foundations or Paralegal in just 14 months.

The only college to use FATS® L7 virtual
firearms training simulator and official
PARE and COPAT training equipment.

Apply now to start
in September



Success College
Get Ready.

Ask
about our
**TUITION
PLEDGE**

Correctional Worker and Policing Foundations | Paralegal Plus

successcollege.ca 902.865.8283



THE FASTEST GROWING AUTOMOTIVE BRAND IN CANADA Based on full-line brands, on 12 month, year over year rolling unit sales



APRIL 13TH - 18TH ONLY

FOR A LIMITED TIME

GET UP TO

\$2,000

BONUS CASH

ON PATHFINDER MODELS

ROGUE*



SL AWD Premium model shown*

LEASE* FROM **\$256** MONTHLY WITH **\$0** DOWN
THAT'S LIKE PAYING ONLY

\$59 WEEKLY

ON 2016 ROGUE S FWD

AT **1.49%**

APR FOR 60 MONTHS

LEASE PAYMENTS INCLUDE FREIGHT AND PDE

INCLUDES \$1,000 TOTAL MY CHOICE BONUS CASH

STEP UP TO THE SV SPECIAL EDITION

FOR ONLY **\$8**

MORE PER WEEK

FEATURING: • ALUMINUM-ALLOY WHEELS
• HEATED FRONT SEATS & MORE



When Equipped with Forward Emergency Braking



1.8 SR model shown*

SENTRA* NEWLY REDESIGNED

LEASE* FROM **\$189** MONTHLY WITH **\$0** DOWN

THAT'S LIKE PAYING ONLY

\$44 WEEKLY

ON 2016 SENTRA S M6

AT **1.99%**

APR FOR 60 MONTHS

LEASE PAYMENTS INCLUDE FREIGHT AND PDE



When Equipped with Forward Emergency Braking

INCLUDES \$750 MY CHOICE BONUS CASH

PATHFINDER*

LEASE* FROM **\$363** MONTHLY WITH **\$0** DOWN

THAT'S LIKE PAYING ONLY

\$84 WEEKLY

ON 2016 PATHFINDER S 4X2

AT **2.99%**

APR FOR 60 MONTHS

LEASE PAYMENTS INCLUDE FREIGHT AND PDE

\$2,000 TOTAL MY CHOICE BONUS CASH

AVAILABLE FEATURES INCLUDE:
• CLASS EXCLUSIVE EZ FLEX SEATING*
• CLASS EXCLUSIVE INTUITIVE 4WD*



Platinum model shown*



JUKE*



Colour Studio SL AWD shown*

FINANCE* FROM **\$255** MONTHLY WITH **\$0** DOWN

THAT'S LIKE PAYING ONLY

\$59 WEEKLY

ON JUKE* SV FWD

AT

0%

APR FOR 84 MONTHS

FINANCE PAYMENTS INCLUDE FREIGHT AND PDE

AVAILABLE FEATURES INCLUDE:
• 1.6L DIRECT INJECTION GASOLINE (DIG TURBOCHARGED ENGINE)
• NISSANCONNECTSM WITH NAVIGATION

\$1,000 TOTAL MY CHOICE BONUS CASH

ALREADY DRIVING A NISSAN? OUR LOYALTY PROGRAM HAS GREAT OFFERS!

VISIT CHOOSENISSAN.CA OR YOUR LOCAL RETAILER

Offers available from April 13 - April 18, 2016. *Payments cannot be made on a weekly basis, for advertising purposes only. **Total bonus cash incentives of \$500 // \$750 // \$1,000 // \$1,500 // \$2,000 applicable on 2016 Micra // 2016 Sentra // 2015 Micra, 2015 Sentra, 2016 Versa Note, 2015 Versa Note, 2016 Altima, 2016 Juke, 2016 Rogue, 2016 Murano // 2015 Altima, 2015 Pathfinder // 2016 Pathfinder. Total bonus cash incentives consist of: (i) \$750 // \$1,500 My Choice bonus cash; and (ii) a 5-Day Sales Event bonus cash incentive of \$250 // \$500 on 2016 Altima, 2016 Juke, 2016 Murano models // 2016 Pathfinder models. Advertiser offers are before tax deductions. *Representative finance offer based on a new 2016 Rogue S FWD CVT (Y6RG16 AA00)/2016 Juke SV FWD (N5RT16 AA00). Selling price is \$25,874/\$21,448 financed at 0%/0% APR equals 60/84 monthly payments of \$431/\$255 monthly for a 60/84 month term. \$0 down payment required. Cost of borrowing is \$0 for a total obligation of \$25,874/\$21,448. \$1,000/\$1,000 My Choice bonus cash included in advertised offer. *Representative monthly lease offer based on a new 2016 Rogue S FWD CVT (Y6RG16 AA00)/2016 Rogue SV Special Edition FWD (Y6SG16 AA00)/2016 Sentra 1.8 S M6 (C4LG16 AA00)/2016 Pathfinder S 4 X2 (5XRG16 AA00). 1.49%/1.49%/1.99%/2.99% lease APR for a 60/60/60/60 month term equals monthly payments of \$256/\$287/\$189/\$363 with \$0/\$0/\$0/\$0 down payment, and \$0 security deposit. First monthly payment, down payment and \$0 security deposit are due at lease inception. Payments include freight and fees. Lease based on a maximum of 20,000 km/year with excess charged at \$0.10/km. Total lease obligation is \$15,331/\$17,194/\$11,326/\$21,767. \$1,000/\$1,000/\$750/\$2,000 My Choice bonus cash included in advertised offer. \$200/\$75 lease cash apply on 2016 Sentra 1.8 S M6 (C4LG16 AA00)/2016 Rogue S FWD CVT (Y6RG16 AA00). *Models shown \$37,343/\$24,198/\$48,793/\$35,128 Selling price for a new 2016 Rogue SL AWD Premium (Y6DG16 BK00)/2016 Sentra 1.8 SR CVT (C4SG16 AA00)/2016 Pathfinder Platinum 4x4 (5XEG16 AA00)/2016 Juke* Colour Studio SL AWD (N5XT16 AA00). ***Freight and PDE charges (\$1,795/\$1,600/\$1,795/\$1,795) air-conditioning levy (\$100) where applicable, applicable fees (all which may vary by region), manufacturer's rebate and dealer participation where applicable are included. License, registration, insurance and applicable taxes are extra. Offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers except stackable trading dollars. Vehicles and accessories are for illustration purposes only. See your dealer or visit Nissan.ca/Loyalty. 2016 Sentra/2016 Murano is recognized as IIHS top safety picks* when equipped with Forward Emergency Braking. For more information see www.iihs.org. *Ward's Large Cross Utility Market Segmentation. MY16 Pathfinder vs 2016 and 2015 Large Cross/Utility Class. 2016 Rogue recognized as IIHS top safety picks* when equipped with Forward Emergency Braking. For more information see www.iihs.org. *FEB cannot prevent accidents due to carelessness or dangerous driving techniques. It may not provide warning or braking in certain conditions. See your participating Nissan retailer for complete details. ©2016 Nissan Canada Inc. and Nissan Canada Financial Services Inc. a division of Nissan Canada Inc.



O'REGAN'S
DRIVING HIGHER STANDARDS

NISSAN
HALIFAX
DARTMOUTH

HALIFAX - 3461 KEMPT ROAD • 902-453-2020
DARTMOUTH - 60 BAKER DRIVE, UNIT C • 902-469-8484

WWW.OREGANSNISSANHALIFAX.COM
WWW.OREGANSNISSANDARTMOUTH.COM

Syrian family feeling at home

IMMIGRATION

Small-town hospitality helps refugees start new lives

Just a few months ago Syrian refugee Ziad Zeina was contemplating returning to the Middle East rather than continuing to live in a Halifax apartment he described as dirty, small and cold.

Then a small Nova Scotia community 50 kilometres outside the city swung into action to provide a cedar-shingled home with a yard and a view of a beach for the six-member family.

"Without this help ... I probably would have made the decision to go back to Jordan," said Zeina, as Basim Sobeih translates for him during a potluck supper held to honour the family's arrival in Hubbards.

The arrival of Zeina, his wife Wafaa Al Safadi and their four children is proving both a solution for a family that had a rough start in Canada and a community feeling frustrated by delays in receiving privately sponsored refugees they've raised more than \$100,000 to assist.

It began with a visit by Sobeih, a volunteer translator and real estate broker, to the family's crowded two-bedroom apartment — which was assigned through the government-assisted refugee program.

Sobeih telephoned the Bay Refugee Project in Hubbards to seek a meeting.

Within days, the 10-person executive assigned a furnished



Ahmad Zeina, centre, 5, swings with his siblings Mohammad, left, 11, and Noor, 7, at the Syrian refugees' new family home in Queensland on Saturday. DARREN CALABRESE/THE CANADIAN PRESS

house originally rented for a privately sponsored family which has been delayed overseas.

On Saturday, 11-year-old Mohammad and seven-year-old Noor leaped off the swings in the yard, jumped into a van with their parents and drove off to St. Anthony's church hall for a community welcome.

As they entered they were greeted with applause and the aroma of a potluck that included roast turkey, cranberry sauce and the usual array of sweets. As the

volunteers milled about, they introduced themselves to one another by their various roles, from language instructor to soc-

"The fact there's people in their house every day makes them feel like they're not in the middle of nowhere." Basim Sobeih

cer practice chauffeur.

Zeina and Al Safadi say the small community's embrace has healed a difficult start in Canada.

"I'm happy here," says Al Safadi.

The 37-year-old Zeina is planning a garden and looking for-

ward to swimming at the nearby Queensland beach that warms briefly in late summer. He's also hoping to start working for local

residents laying tile — a trade he plied in Daraa, Syria before fleeing the civil war.

Al Safadi is meanwhile making friends like Jan Miller, who lives in nearby Glenhaven, and Emily King, the chairperson of the Bay Refugee Project's executive.

On Saturday, the women were offering emotional support as the Syrian woman struggled with worrying news that her mother had suffered a bullet wound in Syria.

"I feel really close to Wafaa

and the children, and any kind of connection like that makes my life richer," said Miller.

She said shifting the Queensland house to the new family doesn't jeopardize the housing for the refugees the group is sponsoring privately, as the support group has found alternative locations for the two families yet to arrive.

As well, the welcoming of the Zeina family is helping to demonstrate the viability of settling Syrians in depopulating rural areas of the province.

"We just got a little bit entrepreneurial about it," said King. "We thought a family needs help, we have a space, it makes sense to come together."

King said urban areas in Canada often have more support services and networks, while city schools may have greater access to English teachers.

However, she says small towns can sometimes compensate with other advantages, such as the lower cost of housing and a volunteer network eager to devote their time to arriving families.

"Rural areas do lack certain services. So you can't go into it with this Pollyanna approach that because there is a community spirit the families will find everything they need," she said.

"There has to be a willing and able group of people to help make up for that lack of services."

Sobeih says for the Zeina family the home near the beach has been a good solution, and he intends to help other refugees.

"What matters is how you are treated and how you are helped," says Sobeih.

THE CANADIAN PRESS

SALTSCAPES



EAST COAST EXPO
Visit! Shop! Enjoy!

April 22, 23 and 24, 2016
Halifax Exhibition Centre

To purchase advance discounted tickets, visit saltscapes.com/expo or call 902-464-7258

Hot trends and tips for your home, cottage and garden!

Urban, Suburban and/or Country Dwellers will all be inspired by the home grown businesses this year featuring customized kitchens, bathrooms, docks, hot tubs and landscaping for your indoor and outdoor living spaces.

Don't miss the demos by Saltscapes' own gardening geek, Jodi DeLong, interior designer Cheryl Cook and other local experts all weekend long!



Avoid lineups! Purchase advance #SSX 2016 tickets online for a chance to win a 2016 Maritime-wide driving vacation.

SAVE! SAVE! SAVE!

Save \$3.00

per couple or \$1.50 off each 2016 Expo ticket!

This coupon entitles YOU to save \$1.50 off EACH ticket purchased at the door. This coupon must be presented at the door to receive the discount (one coupon/couple; cannot be combined with any other offer).

HERRING COVE ROAD

Crash brings down several power lines



Philip Croucher
Metro | Halifax

Two people were taken to hospital after a car left the road and struck a telephone pole, which ended up landing on the vehicle.

Halifax Regional Police say the accident happened around 4:30 p.m. Saturday in the 600 block of Herring Cove Road.

The accident caused several power lines to come down across the roadway. Police closed the section of road in

both directions for several hours as Nova Scotia Power was called for clean-up and repairs.

The driver of the car — a 57-year-old man — and a 50-year-old female passenger were both taken to hospital to be looked over due to the accident, which saw the power pole land partly on their vehicle.

+ CAUSE

The cause of the crash is under investigation.

COBURG ROAD

Drugstore robbed by man with a gun

Halifax Regional Police are investigating after a drugstore was robbed by an armed man.

According to a release, a man entered Guardian Drugs on Coburg road at 9:56 p.m. Friday night. He produced a handgun and ordered the three staff members present to the ground. He then took cash from the till before fleeing.

Police say the suspect is described as white man in his 20s with average height and build. He was wearing a dark jacket with a hood up, dark pants, red or burgundy shoes, with a bandana or mask partially

+ DÉJÀ VU

The same pharmacy was robbed March 7, when a man entered the store and allegedly threatened the female employee with a knife. He left the store with cash and drugs.

covering his face.

The suspect was last seen going around the corner of the store on foot headed north on LeMarchant street.

METRO HALIFAX

CRIME

Residence, vehicle struck in North Preston shooting

Police are investigating a shooting in North Preston over the weekend.

At around 5 a.m. on Saturday, Halifax RCMP responded to a report of

gunshots on Cain Street.

A residence and vehicle on Cain Street were struck as a result, but no one was injured.

Police do not believe that this was a random act.

METRO



Hundreds of people attended record day events in the city on Saturday. GETTY IMAGES

City vinyl fans share their love of records

MUSIC

Record Store Day celebrates vinyl around the world



Rebecca Dingwell
For Metro | Halifax

Despite the influx of online streaming and downloading music, vinyl records continue to be popular.

James Donnelly, owner of Taz Records, has a couple ideas as to why that's the case.

"There's the standard answer everyone says. It sounds better — the warmth and all that," said Donnelly. "To me, it's a whole different experience. Putting on a record, you have to sit down and hear an album the way it was meant to be heard."

The appeal of records is exemplified through Record Store Day: an annual event for record stores all over the globe to celebrate vinyl and offer limited edition products. A few Halifax-area stores participated on Saturday, including all three Taz locations.

Donnelly said a number of pop artists have records on-

"You can't beat it. The quality is there."

Nick White

demand these days.

"The biggest-selling album last year was Taylor Swift's 1989," said Donnelly. "So it just goes to show you (vinyl is) not just for older collectors."

Philippe Hache was one of the people who stopped by the Taz shop on Grafton Street Saturday.

"There's something a lot

more fun about a record than just an mp3 file, 'cause you can touch it, and there's the big artwork on the cover that's really nice," he said.

Hache also enjoys the listening experience.

"There's also a really nice sound to it, I find, playing in a record player rather than just playing a file off an iPod or a computer."

Nick White, who works as a DJ, stopped into Taz because he "hadn't been in a while." He didn't realize Record Store Day was going on until he got there.

The best part about vinyl, he said, is "definitely the analog recording."

**NEWS
95.7**

TM

**Halifax's Home
for Blue JaysTM
Baseball.**



Young girl making a big impact

CHARITY

Ten-year-old Lillian Curlett gives back, even on her birthday



Yvette d'Entremont
Metro | Halifax

When Lillian Curlett celebrates her 11th birthday on April 29, it will be the sixth year in a row that she asks not for presents but for food-bank donations.

It all began when she was six. "I was shy. I still am and I just moved to a new school and I didn't know many people and I didn't want all the attention when I opened my presents," she recalled.

Curlett was impressed with a girl at her church who was motivated to raise funds for a cause related to orphans. That girl's sister had been adopted from an orphanage.

"I couldn't really do that because I don't have an orphaned sister so instead I picked a charity, and at our church there is a food bank so I chose that," she said. "I asked for food and money if they had it. The first party was at (my mom's) yoga studio."

Over the course of the past five years, Curlett's parties have brought in hundreds of pounds of food for the East Dartmouth Christian Food Bank at Woodlawn United Church. The parties have grown each year, and with them, the donations.



Lillian Curlett near her Dartmouth home. Curlett hosts events such as dance parties where she collects donations for the East Dartmouth Christian Food Bank. She also gives her time to a number of other local causes. JEFF HARPER/METRO

"Last year Lillian said to me, 'Mom, I want to go big. I want as much food for the food bank as we can possibly get,'" her mother Kim Curlett recalled.

"The year before we'd had a sleepover party at the church,

and she had 27 kids. But being someone who loves her sleep she did not like the sleepover. She said how about a dance? So we got a DJ and she had a dance and we had 110 people."

Although she doesn't like dancing herself, Lillian received so many food and cash donations last year that she's hosting another dance April 29. The family-friendly event at Woodlawn United Church is open to friends and the community.

The child's volunteerism doesn't stop at the food bank.

She's a member of the Torch Club at the Boys & Girls Club where she helps at a daycare, two seniors' homes and with various fundraisers.

At Ian Forsyth Elementary School, Curlett is a member of the We Act Club and also assists with the school's breakfast program each morning.

"She's a neat kid. She has always thought about other people. She'll come down in the morning and say, 'How can I help?'" her mother said.

"She's never worried that

she's little. She doesn't see herself as little or a kid but as a person."

Curlett said she plans to continue volunteering because it's part of her life.

"I know that I'm doing a good thing, which is really heartwarming," she said.

"If I can raise enough money, I want to go somewhere else in the world and do something there to help. It's nice because you know that people you help are going to have a better life after what you've done."

+ NOMINATIONS

Each Monday, we will profile an unsung volunteer hero in our community as part of Halifax Heroes. To nominate someone, email philip.croucher@metronews.ca (Metro Halifax's managing editor) or Tweet @metrohalifax using the hashtag #Halifaxheroes.

In the beginning I got phone calls from parents who asked, 'Are you sure this is her idea?' because it's not a normal thing. And you know what? It is her idea.
Kim Curlett

Meeting people is my passion.

With a belief in hard work and a genuine desire to help people, I am ready to assist you and your family with your real estate needs.

Michael Sears, SRES®
Seniors Real Estate Specialist



Contact me for your free Information Booklet for Buying or Selling Real Estate. (While supplies last.)



Michael.Sears@BryantRealty.ca
REALTOR® SRES® 902-225-5050

Bryant
REALTY
ATLANTIC

Proud Supporter of
BRIGADOON

To download my free App,
text michaelsears to 85377

Not intended to
solicit properties
currently under contract.



LOCAL MATTERS

IN HALIFAX

Right now, whether you look down or side to side, Metro is everywhere.
The more closely we look at Halifax,
the more closely Halifax looks at us.

Monday to Friday, in Halifax, more people read Metro.
That's 206,000 Haligonian readers*.

And cross-country, Metro is Canada's most-read
newspaper, with 1.6 million readers on a typical weekday.

Thanks, Halifax. We love the way you look
(at us).

Halifax
metro



*SOURCE: VIVIDATA Q4 2015 HALIFAX CMA, ADULTS 18+, 5-DAY CUME.



The new route to Boston is aimed at promoting tourism on both sides of the border. CONTRIBUTED

WestJet now has daily Boston run

AIR TRAVEL

New route part of strategy at Halifax airport



Sarah Rae
For Metro | Halifax

An official at Halifax's Stanfield International Airport said WestJet's newest route from Halifax to Boston is just part of significant growth taking place at the region's largest airport.

Chief commercial officer Ian Arthur said there's no question the new route launched on Friday will add to traffic coming through the airport.

He described WestJet as an important part of that growth, noting they "came in and provided a competitive environment on key routes and that's really important — lowering fares, making travel more affordable for Nova Scotians."

The company will also add two more direct routes out of Halifax this summer — one to Winnipeg and the other to Vancouver.

WestJet spokesperson Lauren Stewart said they're always looking for new opportunities. WestJet has accounted for more than 60 per cent of the increase in flights out of Nova Scotia since 2005, and 90 per cent of the growth in available seat miles out of Halifax.

As for the Boston route, Stewart said "we thought it'd be a great opportunity to provide another option for Haligonians and the people of Nova Scotia to get

+ WING IT

Turboprop to Boston

The flights (around \$180) will operate on WestJet Encore's fleet of Bombardier Q400 aircraft. METRO

to Boston."

Arthur said this new route will provide a great connection to a city that shares a long history and deep roots with Halifax. With low fares (around \$180), Arthur said Haligonians could pop down to Boston just for the weekend to watch the Bruins play a game.

He said Boston and New England are also core targets for Nova Scotia tourism, so it'll provide a great opportunity for Americans to come to Halifax.

CREATIVITY

Raptors love local graffiti art



Nicole Gnazdowsky
For Metro | Halifax

With the NBA playoffs underway, the Toronto Raptors are seeking nationwide support with original graffiti art in every city across the country.

The Raptors and BMO sought out artists in major cities across Canada to complete the project. They chose Halifax artists Joey Cook and Mike Bart to create the mural on Blowers Street in the city's downtown core.

"They sought us out. We have a shop in the North End, we do these large-scale murals, we sent them some previous work and they were on board," said Bart.

The final outcome was a collaboration between Bart, Cook, Bart's brother Daniel Bart and the Toronto Raptors.

"They gave us some range of what we could work with. We had to include the 'We the North', the local postal code and airport code to represent the city and then we worked with them on making

the shoe," said Bart.

"Just kind of back and forth with the design."

The project took the team two days to complete because of rain and was officially finished on Thursday evening.

Bart, being a huge basketball fan himself, was thrilled to be chosen to work on the project and said he has already received a lot of feedback from the community.

"The Raptors posted it yesterday on Instagram and Twitter. All we've heard are positive responses," Bart said.



The Toronto Raptors artwork on Blowers Street. CONTRIBUTED

Plan Shannon: Public Presentation

Shannon Park Lands Development Concept

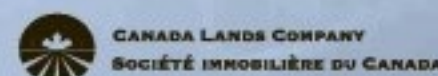


Canada Lands is pleased to invite the community to view the preferred development concept for the Shannon Park lands. The evening will include a presentation followed by informal conversation.

Since the spring of 2015 Canada Lands has received input from the community and stakeholders that has contributed towards the creation of a development concept that reflects the themes and principles identified and refined through the public engagement process.

Canada Lands will share its vision for the creation of a new and vibrant addition to the urban core. Please continue to participate in the planning of this exciting opportunity. If you are interested in attending, please mark your calendar and RSVP through: shannonpark@clc.ca

Date: Wednesday April 20, 2016
Time: 7:00 - 8:30pm
Location: Shannon Park School gym, 75 Iroquois Drive, Dartmouth



planshannon.ca

BRIGHTWOOD

GOLF & COUNTRY CLUB

DARTMOUTH

JOIN FOR \$600!

NO INITIATION FEE

BRIGHTWOOD.NS.CA

Haligonian artists win big at the ECMAs

MUSIC

Joel Plaskett, Mo Kenney among those recognized



Zane Woodford
Metro | Halifax

Halifax artists are heading back from Sydney with some hardware after this year's East Coast Music Week.

Although Newfoundland's Hey Rosetta! dominated the awards, handed out at Thursday night's gala and throughout the weekend, Haligonians took home their fair share as well.

During Sunday's industry awards, Joel Plaskett won producer of the year, and Mo Kenney won video of the year for "Telephones."

On Thursday and Saturday,

Jenn Grant won solo recording of the year for her album *Compostela*; rapper Quake Matthews took home rap recording of the year for his aptly-named album, *Rap Music*; Halifax-bred, Toronto-based producer Ryan Hemsworth won electronic recording of the year for his release, *Alone For the First Time*; producer duo PINEO & LOEB won dance recording of the year for their album, *Soul Clap*; Dartmouth metalheads Dumpster Mummy won loud recording of the year for their album, *Trenchfoot*; and Christina Martin can claim half the glory of the award for pop recording of the year, tying with P.E.I. band Coyote for her album, *It'll Be Alright*.

On the classical side of things, Symphony Nova Scotia won recording of the year for its album, *The How And Why of Memory*, and the symphony's conductor-in-residence, Dinuk Wijeratne, won classical composition of the year for his "Two Pop Songs on Antique Poems."



Christina Martin, co-winner of the pop recording of the year award, performs at the 2016 East Coast Music Awards Gala in Sydney on Thursday. THE CANADIAN PRESS

CRIME

Teenager pepper sprayed on transit

A 17-year-old girl was pepper sprayed after getting into an argument at the Halifax Transit bridge terminal in Dartmouth.

The incident between the victim and a young man took place around 5:15 p.m. Sunday, a Halifax Regional Police release states.

After spraying the victim, police say the suspect fled on foot towards a nearby McDonald's

restaurant.

Officers searched the area, but the man wasn't found.

The victim, who was treated on scene by paramedics, isn't cooperating with the investigation.

It's believed the victim and suspect, described as being in his early 20s, are also known to each other. METRO



LEGAL MATTERS

Smaller window for auto insurance suits

Nova Scotia is reducing the amount of time allowed for people to file lawsuits related to auto insurance claims.

The provincial government says such lawsuits will have to be filed within two years, down from the current three.

The government says two years is the current standard in all other Canadian jurisdictions.

Most claims for damages are resolved out of court, it said, and the change is aimed at insuring lawsuits are dealt with in a timely

manner. THE CANADIAN PRESS

Charter changes empower municipal council

The province has introduced amendments that pave the way for Halifax regional council to create municipal election campaign finance bylaws.

Municipal Affairs Minister Zach Churchill says council requested the changes to the Halifax Regional Municipality Charter.

They will allow the municipality to create its own campaign financing bylaws. THE CANADIAN PRESS

HAVE IT ALL.

Get LASIK today,
take 5 years to pay.*

Starting at \$490/eye*

LASIK MD

VISION

Book a free consultation at 1-855-301-2020 or lasikmd.com



#lasiklife

*Subject to credit approval. Interest financing starting at 8.9% over 60 months. *Standard LASIK starting at \$490 per eye and Custom LASIK at \$1,750 per eye. Applicable to surgery on both eyes only. Other conditions may apply.

'A war on our families'

HEALTH

Mothers heading to UN to fight against war on drugs

Nearly four years after her daughter died of an opioid overdose, Donna May will share her story of loss and learning at the United Nations.

May's daughter Jac, 35, died on Aug. 21, 2012, after overdosing on pain medication prescribed to help her cope with a flesh-eating disease she'd contracted after years of addiction and life on the streets.

"From the time she passed away until (now) all I've done is advocate for drug policy reform and to have other people receive the education I was given so they don't face the situation the same way I did. And that's my daughter's legacy," May said in an interview.

May and three other mothers whose children lost their lives to drugs have been invited by the Canadian government to attend a three-day UN session that be-



“There are too many victims to the war on drugs.”
Donna May

Donna May holds a photograph of her late daughter Jac in Toronto on April 14, 2016. Jac died in 2012 after overdosing on pain medication. NATHAN DENETTE/THE CANADIAN PRESS

gins Tuesday aimed at addressing the world's drug problem. May is slated to speak at a side event on the final day of the conference.

Other groups from around the world are expected to travel to New York to ask that the UN and governments end the war on drugs.

Last year, the women helped

found the group Mothers United and Mandated to Saving the Lives of Drug Users, or mumsDU. It advocates for harm reduction and drug-policy reform, and has expanded to include about 400 parents of children whose deaths are in some way linked to drugs.

Fellow co-founder Jennifer Woodside of Vancouver lost her

21-year-old son Dylan Woodside two years ago after he took oxycodone laced with the powerful painkiller fentanyl. He was one of the earliest to die in a series of fentanyl-linked deaths that is still claiming lives across Canada.

Her goal for the upcoming UN session is to give her son a voice and to make sure he didn't die

in vain, she said.

MumsDU has made inroads in its advocacy, successfully lobbying the government to make the overdose-reversal medication naloxone available without a prescription.

Leslie McBain will travel from her home on Pender Island, B.C., to New York on behalf of the group. She wants to see international drug policy move away from a punitive approach and toward a system that places more emphasis on health and social care.

A successful outcome from the UN meeting would be a declaration that the war on drugs has failed, McBain said.

Her son, Jordan Miller, died of an oxycodone overdose in Victoria in early 2014.

"The war on drugs has been a war on our families," said Lorna Thomas, another mumsDU co-founder from Edmonton.

One consequence of the recent spate of fentanyl-related overdoses is the changing dialogue around addiction and drug abuse, given the sheer number of deaths linked to the illicit substance, said Thomas.

THE CANADIAN PRESS

ROYALS

Canadians divided on monarchy



Emily Jackson
Metro | Vancouver

Canadians continue to respect Queen Elizabeth II as she prepares to celebrate her 90th birthday on Thursday, but the country is less sold on the idea of keeping the monarchy forever.

While two-thirds of Canadians say the respected Queen should continue to be recognized as head of state, less than half (42 per cent) want the country to maintain its constitutional monarchy for future generations, according to an Angus Reid Institute survey released Monday. Almost the same number (38 per cent) wants out from under the royals' thumbs entirely while the remaining 20 per cent isn't sure.

Part of the problem is the immediate heir to the throne, Angus Reid executive director Shachi Kurl said. Only 46 per cent support Prince Charles, perhaps due to prolonged fallout from the Princess Diana scandal, compared to second-in-line Prince William, who enjoys 63 per cent support.

THE PULL OF THE TIDES KEEPS CALLING US HOME.



QUEEN'S MARQUE

HOT
COUNTRY
103.5
FM

HOT TICKET

SEE & MEET

KEITH URBAN

IN TORONTO

LISTEN WEEKDAYS

7:10, 11:10, 4:10 & 6:10

FOR YOUR SHOT AT WINNING!

HOT
COUNTRY
103.5
FM

50
MINUTES

NON STOP MUSIC
EVERY HOUR...EVERYDAY!

HOT COUNTRY MORNINGS
WITH **CHRIS & DANA**
AFTERNOONS
WITH **CRUISE**

FINALLY YOU HAVE A CHOICE...MAKE THE SWITCH TODAY!

Climate change affecting Prairies

AGRICULTURE

Different weather means different crops for farmers

When Kendall Heise started farming about 20 years ago, he grew cool-season grains like wheat and canola — in the harsh climes of Manitoba, it wasn't like he had much choice.

This spring, he plans to also plant warm-season soybeans and corn.

"We were, and still are, somewhat limited in what we can grow because of the cold climate," says Heise. "But it's changing ... spring comes a little earlier and the fall a bit later and we are taking advantage of it."

Western Canada's cold and short growing seasons have historically prevented farmers from planting crops like soybeans. But as temperatures have risen and growing seasons have grown longer, the extra days between the last and first frost have given farmers a chance to grow new, potentially more lucrative, crops. In a paper in 2011,

Paul Bullock, a University of Manitoba professor, analyzed rainfall and temperature data from 12 Prairie weather stations and found that warming from the 1920s to 2000 has allowed farmers to plant more crops that are traditionally grown in the warmer U.S. states.

(For the Prairies, scientists have predicted average high tem-



Early growth corn and blooming canola near Roland, Manitoba. GETTY IMAGES

peratures will increase by 2-3 C and lows will increase by about 3 C by mid century. Precipitation is also expected to increase by three to seven per cent.)

In some regions of western Canada, the length of the frost-free period — from the last day of spring when it freezes to the last day of fall when it doesn't — has increased by almost two weeks, substantial in farming terms.

Soybeans and corn — which require longer, warmer growing seasons — have made huge jumps in acreage in the western Canada in the past 15 years.

Where there were almost no soybeans grown in Manitoba then, the province now produces about 20 per cent of Canada's crop. Ditto for corn: in 1996, Manitoba and Alberta produced 1 per cent of Canada's corn — in 2013, that number hit 10 per cent.

"It's been a huge change," said Brian McConkey, research scientist with Agriculture and

Agri-Food Canada in Swift Current, Sask.

But it isn't just climate change that has played a role, he said. Crop breeding has helped make some soybean varieties do better in cooler conditions. "Same for corn," he said. "These new varieties are harder and do much better."

Although the temperature data shows warming, there is also great variability each year — which means big risks for farmers. Bullock calls it a double-edged sword.

"You can put (new crops) in the ground but you may not get anything," he said. "That is why there is interest, farmers would like to grow new crops but some people think it's still a gamble."

Most farmers can manage a reasonable middle range of conditions, Bullock said. "It is the extremes that kill you. It takes one night to drop down cold and bam, it wrecks the crop."

TORSTAR NEWS SERVICE



Lace up a different pair of skates

The ice may be melted, but inline skating season has officially begun. We were proud to welcome over 120,000 visitors this winter. And if you'd still rather slide than glide, we can't wait to see you next year.



Limited Seating. Call Today to Enroll.

Halifax - May 7th - Weekend

Dartmouth - May 5th - Evening

Bedford - April 30th - Weekend

GDL Exit & Point Reduction - April 23rd - Saturday

902.425.1322 • yd.com/Halifax

New Classroom in Bedford Place Mall





These photos show scenes of destruction after a massive earthquake in Pedernales, Ecuador, on Sunday. The strongest earthquake to hit Ecuador in decades flattened buildings and buckled highways along its Pacific coast, sending the Andean nation into a state of emergency. THE ASSOCIATED PRESS



ECUADOR

2 Canadians believed to be dead

Federal officials say two Canadians are among at least 246 people killed by a devastating earthquake in Ecuador.

Global Affairs Canada spokeswoman Rachna Mishra confirms two Quebecers were among the victims of the earthquake, centred about 170 kilometres north-west of the capital, Quito.

The agency says consular officials are in contact with the families of the two Canadians, who have not been named.

The 7.8-magnitude earthquake is the strongest to hit Ecuador since 1979, levelling buildings and buckling highways along the Pacific Coast of the South American country.

President Rafael Correa has declared a national emergency and some 10,000 armed forces have been deployed to the earthquake region in addition to 4,600 national police.

Global Affairs has asked friends and relatives of those known to be travelling in Ecuador to contact their emergency response centre.

"I am saddened to learn of the tragic loss of life stemming from Saturday's devastating earthquake near the central coast of Ecuador which has already cost the lives of at least 233, including two Canadians," Foreign Affairs Minister Stéphane Dion said in a release Sunday.

"Canadian officials at our embassy in Quito are reaching out to Canadian citizens in-country and providing assistance to Canadians affected by the earthquake. We will continue to work with local authorities to assess impact and needs on the ground." THE CANADIAN PRESS

Death toll rising in Ecuador

NATURAL DISASTER

Strong quake kills hundreds, injures more than 2,500

Aid began to flow in Sunday to areas devastated by Ecuador's strongest earthquake in decades and the death toll continued to rise as people left homeless hun-

dered down for another night outside in the dark.

Officials said the quake killed at least 246 people and injured more than 2,500 along Ecuador's coast. Vice-President Jorge Glas said the toll was likely to rise because a large number of people remained unaccounted for, though he declined to say how many.

Much damage was reported in the cities of Manta, Portoviejo and Guayaquil, which are all sev-

“Everything can be rebuilt, but what can't be rebuilt are human lives. President Rafael Correa

eral hundred kilometres from the epicentre of the quake that struck shortly after nightfall Saturday.

But the loss of life seemed to be far worse in isolated, smaller towns closed to the centre of the earthquake.

In Pedernales, a town of 40,000

near the epicentre, soldiers put up a field hospital in a stadium where hundreds of people prepared to sleep outside for a second straight night. Downed power cables snaked across the streets with no prospect of electricity being restored soon, making it unsafe for many to return

to their homes.

The town's mayor said looting broke out Saturday night amid the chaos but with the arrival of 14,000 police and soldiers to towns in the quake zone the situation appeared more under control.

President Rafael Correa, who cut short a trip to Rome to oversee relief efforts, declared a national emergency and urged Ecuadorians to stay strong.

THE ASSOCIATED PRESS



Take control of your future!

"I need a change... a real career."

Get trained to work in, manage, or own a successful business, and learn the art of entrepreneurial thinking!

Business Marketing and Administration.

Apply now to start in September

Call or Click Today

902-463-6700 maritimebusinesscollege.com



COOKING FOR CANCER
bite for the fight
Presented by
Sobey's

Canadian Cancer Society / Société canadienne du cancer

May 2, 2016
Westin Nova Scotian

cancer.ca/cookingforcancer

Tickets Available Now

Check again tomorrow to meet another chef!



Chefs
Phil Currie and Bill Scollard

Getting a loan to untie the knot

LEGAL

Company lends money to pay for your divorce

When Theresa Emerson left her 29-year marriage, she was a multimillionaire who became penniless and homeless overnight.

As the cash-poor-but-asset-rich dependent spouse, she felt helpless until she found the "fairy godmother of divorce." That was Nicole Noonan, CEO of divorce financing firm Novitas US. She stepped in with a \$150,000 US loan to cover Emerson's fight for her share of an estate she estimates is worth \$4 million US.

The 18 per cent interest rate attached to the loan is high, but the firm is also taking on a great risk — if she doesn't win, it receives nothing.

Now, Noonan wants to bring Novitas' services to Canada and plans to set up a Toronto operation in the summer or fall.

"Our next push is certainly Canada because, like the U.S., there's a lot of divorces," Noonan

said.

The move would make it the first lender of its kind in this country, family law experts believe. But they're torn over whether the business is a novel solution that helps economically disadvantaged spouses or a new form of predatory lending.

Novitas is making extremely risky loans, which is why it charges so much interest and rejects nine in 10 applicants.

Loans that cover the high cost of divorce in Canada could be one part of a solution to a family law system that has become overly complex, expensive and time-consuming, said Trevor Farrow, associate dean at Osgoode Hall Law School.

"The upside of these kind of third party arrangements is they provide access to justice opportunities for people who otherwise couldn't afford them," he said.

"The downside with these sorts of things is it turns people's tragedies and people's disputes — particularly when they're at

their most vulnerable — into business opportunities."

The expense of hiring a lawyer has led to an increasing number of spouses choosing to represent themselves. But there's still the problem of economic disparity between a moneyed and dependent spouse.

In Canada, the U.K. and the U.S., divorce lawyers are not allowed to represent clients in exchange for a share of the settlement, as they do for class action or personal injury cases. But there's nothing stopping a third party funder from stepping in.

Family lawyer Philip Epstein is skeptical about the need for this kind of service. High net worth clients are usually able to secure a line of credit, he said.

However, in Canada, the average divorce costs less than \$15,000. And most of the time, people aren't fighting about assets, they're fighting about children, he added.

TORSTAR NEWS SERVICE



There are other ways of leveling the playing field without borrowing money at 16 or 18 per cent.

Philip Epstein



U.K. firm Novitas provides loans for divorces at a high 18 per cent interest rate. Now the company is aiming to set up the first Canadian operation of its kind. ISTOCK

Pay with debit. Earn cash. It's that simple.

Earn up to
\$600
cash back in
the first year.



Get the only cash back debit card in Canada.

Open a new Scotiabank Momentum Chequing Account and earn double the cash back on all of your debit purchases until July 31, 2016 – up to \$600 in the first year.

www.scotiabank.com/momentumchequing

You're richer than you think?



*Registered trademarks of The Bank of Nova Scotia. TM Trademark of The Bank of Nova Scotia. Interac and Interac Flash are trademarks of Interac Inc. used under license. The standard cash back is 1% on all debit purchases, subject to the account terms. In order to qualify for the additional 1% cash back bonus ("Bonus"), you must open a Scotiabank Momentum Chequing Account (an "Eligible Account") between March 21, 2016 and June 30, 2016. Employees of Scotiabank and individuals who are/were previously holders or joint holders of an Eligible Account, Scotia Moneyback™ Account, Scotia One™ Account, Basic Banking Account, Basic Banking Plan, or Scotia Value® Account, are not eligible. Maximum one offer per customer. After July 31, 2016, only the standard cash back of 1% will apply to a maximum of \$300 in 2016. The Bonus cannot exceed \$300. To receive any cash back, the new Eligible Account must remain open and in good standing throughout November 2016 which means that it has not been in continuous overdraft with or without Overdraft Protection for a period of three consecutive months. This offer cannot be duplicated or combined with any other offer. Scotiabank may withdraw or change this offer at any time without notice.



URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION

Do wedding invitations sent to single people really need to include a 'plus-one'? Is it wrong if hosts try to control costs by limiting plus-ones to invitees in relationships?

Dear Ellen,
My friend is getting married. Her mother insists that invites to single people have a "plus one" but my friend says this is an out-dated idea and doesn't want to. Who's right?

X.B.

Dear X.B.,

Traditionalists will automatically employ the plus-one approach, but it's entirely acceptable nowadays to include the spouse, fiancé(e) or live-in partner of mated guests and let the singletons happily fend for themselves.

But, given that we're talking wedding etiquette here, be assured that, no matter what you do, someone will be offended. That I so much as asked my friends what they thought about the plus-one invite was insulting to some of them.

One felt that traditionalists who insist on a plus-one are judgmentally saying, "God forbid you should show up uncoupled to a sacred ritual honouring a yoked existence unto death!" Another pointed out that a major demographic shift in Canada and the U.S. has resulted in married couples no longer being in the majority. Ergo, senders of presumptuous plus-one invites could "shove it."

But a lot of people, like Sara, appreciate the gesture: "I love a plus-one, especially for a destination wedding."

Given that we're talking wedding etiquette here, be assured that, no matter what you do, someone will be offended



© Ani Castillo

It doesn't mean I have to bring one but I like the option." Similarly, Maria said, "This type of invitation doesn't make any assumptions about your status or preferences. It's a guest, folks, and it's your choice to bring, or not bring, anyone you want."

Twenty-something Genna muses that "older people are always whining about how millennials are irresponsible and bad with money. But when we invent something like this, which saves money, they wail and whine that we have no respect for tradition." I'm not sure saving money in itself is a sufficient reason to break with tradition, but I applaud her thoughtful suggestion that hosts "just ask guests if they would like a plus-one" — though it might be infeasible if your guest list is in the triple digits.

Whichever way you go,

there's bound to be complications. Keri had a bad breakup four days before a wedding. "I would have preferred to miss the event altogether but didn't want to disappoint my friend so told her I wouldn't be using the plus-one (and the reason why), with apologies. She demanded that I find someone to fill the seat so the +1 wouldn't go to 'waste.' I have no idea of the etiquette of that, but it seems to me that forced plus-ones are maybe as bad as no plus-ones at all?"

Another excruciating example comes from Nora: "My first marriage, ahem, split up a couple of days before a good friend's wedding. Because of the empty seat beside me, I was forced to lie over and over and over again all night about where my husband was because the seat hadn't been removed (even though the bride and groom knew

— though, frankly, they had better things to worry about). So here's a point of etiquette for hosts: If a plus-one bails, then remove the flippin' place setting."

One person argued that she didn't want plus-ones at her wedding because she didn't want people there that she didn't know or didn't like. This kind of faulty reasoning I cannot condone, unless you are also willing to exclude partners of friends and family whom you barely know or find boring, boorish or otherwise obnoxious.

I'll give the last word to Aaron, who thinks guests should go along with whatever their hosts want to do on their big day, and adds, sensibly: "People need to be less offended by everything."

Need advice?
Email Ellen:
askellen@metronews.ca

ROSEMARY WESTWOOD

What women achieve when they can be more than just wives

Back in the ancient days of the 2015 federal election, I met a young Conservative operative for coffee.

I wanted to know: How did Stephen Harper speak to her, as a woman? And what did she make of feminism? She was nonplussed. We live in an equal society, she told me.

Oh, how I wish I could have handed her Rebecca Traister's new book *All the Single Ladies: Unmarried Women and the Rise of an Independent Nation*.

It is the definitive historical and modern account of unmarried women in the U.S. Even as a Canadian, reading it felt like hearing my own story told, in satisfying complexity, for the first time. In the extensive research and interviews with dozens of women, I found my own perpetual conundrum exposed: How can I best fight for all women's rights, in a world that already assumes equality? And more personally perplexing: How can I separate my own desires from society's insidious expectations? Traister said, I can't.

"When it comes, for example, to the distribution of domestic responsibility, one of the things you hear so often is, 'I'm just better at doing dishes; he leaves crap on the dishes,'" she told me during a trip to Toronto. "If we were at a place where we actually had gender equality, you could say that and it would be plausible. But because there are so many

structural inequalities remaining, it makes it hard to untangle what is about individual preference."

Such depressing realities notwithstanding, the book is also a celebration of what women accomplish when they can be more than just wives. Did you know, for example, that single women were instrumental in the labour and abolition movements? Or that "it's single women who have perhaps played as large a part as anyone in saving marriage in America" by refusing to submit to its restrictions?

One of the most surprising aspects of the book is the way it shows that women still feel alone, freakish and conspicuous, at the exact moment when singledom has statistically outpaced marriage. And how that threat of female power has become politically dangerous because of the backlash it has inspired, including during this presidential election.

"It's very scary," Traister said. "I feel the election is going to come down to being a referendum to how we feel about the advancements of people of colour and of women." Some old-stock Americans, who have seen their privilege wane, are angry, she says, and could decide to take it out on those vulnerable groups.

In that sense, a book about women has a lot to say on why this U.S. election seems crazier than most.

metr
Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT,
REGIONAL SALES
Steve Shrout

MANAGING EDITOR HALIFAX
Philip Croucher

ADVERTISER INQUIRIES
adinfolifax@metronews.ca
General phone 902-444-4444

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

WHEN YOU LIGHT
A CANDLE, YOU
ALSO CAST A
SHADOW.



Philosopher cat now at
www.mymetrotore.ca



Text-sized wisdom for grads

NEW RELEASE

Mom's advice book balances snark and seriousness

Becky Blades wrote her oldest daughter a letter after she left home for college offering all the advice and words of wisdom she wished she had dispensed beforehand.

Her daughter had some advice of her own: Turn the letter into a book. Blades, who lives in Kansas City, Mo., did just that and the result is a nifty, gifty little book titled, *Do Your Laundry or You'll Die Alone*, out in April from Sourcebooks.

Blades knows her audience, keeping her pearls mostly text length — and funny.

"They're in this short attention span stage of life," she said in a recent interview. "Our best communications happen in text. It's kind of that irritating motherly voice that we know and love, but at that stage in life they really don't like to hear it."

So how did it come to pass that kids leave home these days without the most basic survival skills: laundry, mending or the sense to know that good posture is slimming?

Yes, Millennial and Gen Z Virginia, SPEAK CLEARLY. Enunciate. Articulate. Spit out your gum.

"And we blame ourselves, or I did. I think it has to do with time and how much they have to do. The other piece is the things that they have to do to fill their



As a mother of two teens, Becky Blades wondered how it came to pass that kids leave home without the most basic survival skills. So she wrote a book they can take with them to school. ISTOCK

time. When we were free-range humans, we went looking for things to do and family was kind of that place, and things were just kind of absorbed. Your mom said, 'Here, do the laundry, here's how.' My oldest was very ambitious and very driven and I gave her a laundry pass. She could hardly get her studies done. We help too much."

Now, her youngest is a college sophomore and her older, driven one just graduated from Harvard.

And mom just got around to writing the book.

Blades numbers her bits of advice and inspiration, with 271 in all. She includes seven ruled blank pages at the end for moms and dads to write in their own pearls before handing the book over to their kids.

It was her oldest daughter's first day of senior year in high school when Blades realized exactly how much she had let slide. "There was a whole litany

of things. I thought 'Have I ever had the birth control conversation, have I ever talked to her about this or this? What does the time get filled with?' It either gets filled with all the social media and things like YouTube. We don't sit around and tell grandma stories and pass down generational tidbits. We sit down and look at YouTube or say look at this or this on the computer," Blades said.

Rather than data-driven bullet

points or chapters of soliloquy like so many parenting books are crammed with, Blades offers humour and snark to connect. Consider her No. 8:

"Friends don't let friends: drive drunk, text while driving, get

discount body art."

She wanted to cut to the chase and eliminate much of the noise in talking to teens. How much do they actually hear, anyway?

No. 202 is a good example: "Reinvent yourself as often as you want. Just keep the essence that makes you you."

And this less funny but truly important tip in No. 233: "Check your paycheck. Make sure you know how much you are being paid and what is being taken out."

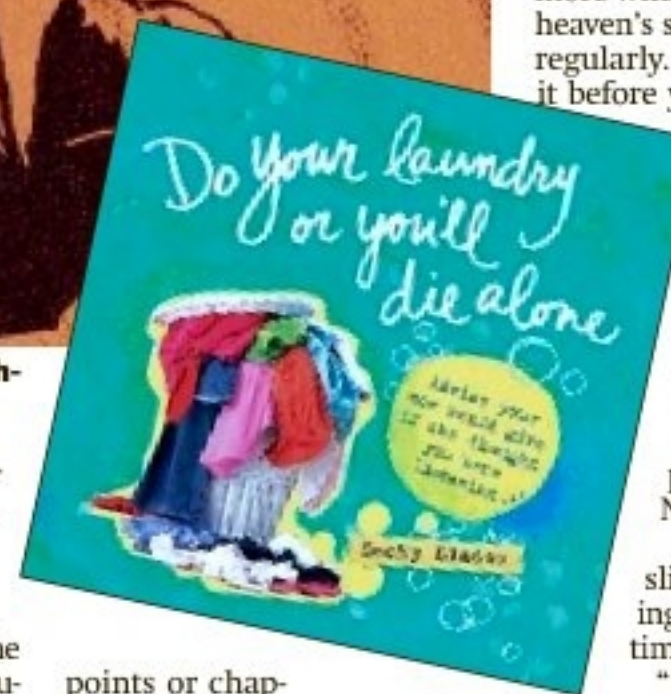
Blades leaves no topic uncovered: Buy a sewing kit and learn to use it. Cotton always shrinks so buy big. Wool shrinks when you get it wet, and shrinks some more when you dry it. And, for heaven's sake, do your laundry regularly. Try every week. Do it before you run out of clean

underwear. She takes on sex, bullying, common courtesy, etiquette and basic interpersonal skills such as: "Look people in the eye. You'll discover this is hard to do while looking at your phone" and, "Listen. No, but really listen."

So are her girls, slightly older now, doing just that? Most of the time, Blades said.

"I was talking a lot about the book before it was done, so they're really sick of hearing about it," she said. "Their dad will always say, 'Hey guys, that's in the book. For cryin' out loud, it's in the book.'"

THE ASSOCIATED PRESS



SMILE. PLAY. SWIM. LEARN.

- Over 40 summer camps to choose from!
- Options for ages 5-18
- Daily swim & lunches included for most camps
- Convenient & free early drop-off/late pick-up available

REGISTRATION NOW OPEN, CALL OR VISIT US ONLINE TODAY!

DALPLEX



902.494.3372 | DAL.CA/CAMPS

DISCOVER CHEVROLET

DRIVE AWAY WITHOUT PAYING
ON CARS AND CROSSOVERS

\$0 **\$0**
FIRST MONTH'S
PAYMENT DOWN PAYMENT

\$0 **\$0**
DUE AT
DELIVERY SECURITY
DEPOSIT

ON LEASE PURCHASES

2016 CRUZE LIMITED LT AIR/AUTO

\$49* FOR **24**
WEEKLY MONTHS

\$0 DOWN PAYMENT FIRST 2 BI-WEEKLY
PAYMENTS ON US

LEASE \$98 BI-WEEKLY
(INCLUDES \$500 GM VISA APP BONUS)

Includes Automatic Transmission,
Air Conditioning, Power Express Windows,
Keyless Remote Locks w/ Autostart, Cruise Control,
Tilt & Telescopic Steering, Rear Vision Camera,
MyLink Infotainment w/ 7" Touchscreen,
Bluetooth Connectivity, OnStar 4G LTE with Wi-Fi,
plus much much more...



CHEVROLET
COMPLETE
CARE:

2 YEARS/48,000 KM
COMPLIMENTARY
OIL CHANGES*

5 YEARS/160,000 KM
ROADSIDE
ASSISTANCE*

5 YEARS/160,000 KM
POWERTRAIN
WARRANTY*

CHEVROLET

**BEST
MANAGED
COMPANIES**
Platinum member

O'REGAN'S
DRIVING HIGHER STANDARDS

CHEVROLET | BUICK
GMC | CADILLAC

2477 ROBIE STREET
902-422-8551 | OREGANSONROBIE.COM

*Lease options are 20,000 km per year. Payment offers on approved credit only. Visit O'Regan's on Robie for complete details.

'The Body' was a model trailblazer

INTERVIEW

Macpherson paved the way for social media stars

**Shinan
Govani**
For Torstar News Service

The woman born Eleanor Nancy Gow, down under, swoops into the Fairmont Royal York, her mouth a half-moon grin. Her beauty, amped up to an 11, is as taunting as the chocolate on a pillow they leave you at the poshest of hotels.

"She's 52?!" is the general chant in the ballroom, where the guests milling on Friday night include Sophie Gregoire-Trudeau, Galen Weston Jr. and Kim Cattrall.

Known for years as Elle Macpherson, having amassed a career in which she managed the tight-rope between swimsuit model and capital-F Fashion model, and then became a second-act self-mogul, she'd arrived in Toronto to receive the Vanguard Award at the Canadian Arts & Fashion Awards. Worth around \$45 million, and with the flush that comes with a newly acquired mogul-husband, she was the portrait of easy boho-chick.

The insouciance belies an iron will, as was made all too clear when I met her for a chat earlier that day.

Regrets? She's had a few. "I wish I'd worn sunblock," she shrugged, adding, "I grew up in the '70s in Australia."

Macpherson was a harbinger

"I wish I'd worn
sunblock. I grew
up in the '70s in
Australia."

Elle Macpherson,
on regrets



Elle Macpherson at the Fairmont Royal York Hotel in Toronto for the Canadian Arts & Fashion Awards. GEORGE PIMENTEL

of all the Kendalls and Gigs who fill the modelling sphere now, a world of FaceTime, of near-constant streaming, of a fashion scene that hinges on hashtags.

In 1994, she left Ford Models to form her own company, Elle Macpherson Inc., knocking out the middleman, later creating her own calendar after years on the Sports Illustrated Swimsuit Issue (she appeared on the cover a record five times).

Before that, she'd founded her intimates line, leveraging the nickname "The Body" handed to her in a famous Time story.

Her stint in acting was abbreviated at best, but it did last long enough for her to snog a Sir (Anthony Hopkins in The Edge), bewitch Joey Tribbiani (recurring on Friends), and live down the indignities of George Clooney's most notorious pivot (ah, yes,

Batman and Robin).

In her personal life, after a starter-marriage with French photographer Gilles Bensimon, and then a long union with French financier Arpad Busson (with whom she had two sons, now 17 and 13), she finally made it official again with billionaire realtor Jeffrey Soffer. Being a good wife, and ever the marketing wiz, she oohs about the famous Fontainebleau hotel, in Miami Beach, which her husband owns.

Blessed in both work and love, and in possession of the Fountain of Youth, is there anything that "The Body" can't do? Turns out she's a dunce at selfies. When asked for one by an admirer while in Toronto, I saw her wrestle for many minutes with the phone. Exasperated, she muttered, "I'm no good at selfies."



JOHANNA SCHNELLER WHAT I'M WATCHING

A classic, satisfying movie ending

THE SHOW: Confirmation (HBO)
THE MOMENT: The letters

Law professor Anita Hill (Kerry Washington) has been through hell.

She didn't want to testify that U.S. Supreme Court nominee Clarence Thomas (Wendell Pierce) sexually harassed her when she worked for him. As she says, "When someone comes forward, the victim becomes the villain."

But she made her case on live TV, and it divided the nation. Now he's been approved by the U.S. Senate, 52 to 48, and she's returning to her university office.

She pauses in the doorway. Stacks of letters rest on every surface. Opening one at random, she reads aloud: "Dear Professor Hill, for 25 years my boss has treated me like his personal property...Watching you this week felt like I was watching someone stand up for me." For the first time in her ordeal, Hill cries.

This is the classic historical telefilm ending: the triumphant loss. Our heroine didn't win her war, but her courage shone a light on an important issue.

As an end-crawl tells us, in the wake of Hill's hearing, the number of sexual harassment cases filed with the

Equal Opportunity Commission doubled, 42 per cent of women federal workers reported they'd been sexually harassed recently, and the next congressional election saw the largest number of women win in U.S. history.

The triumphant loss allows filmmakers to have it both ways: They stir our moral outrage while fanning our hope — and reminding us that, 20 years later, harassment victims are still fighting the same battle.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Blues in the face

NHL PLAYOFFS

Schwartz goal propels St. Louis back into series lead

Jaden Schwartz scored at 13:32 of the third period with Patrick Kane in the penalty box for high-sticking, and the St. Louis Blues beat the Chicago Blackhawks 3-2 on Sunday for a 2-1 lead in their first-round playoff series.

GAME 3 In Chicago



Patrik Berglund also scored in the third as St. Louis rallied for the win after a difficult 3-2 loss in Game 2 that included two key coach's challenges that went against the Blues. Brian Elliott made 44 saves.

Kane, the NHL's leading scorer this season and one of the favourites for league MVP, got four minutes for a high stick on defenceman Alex Pietrangelo, and St. Louis made the most of the chance to go in front.

Vladimir Tarasenko passed down low to David Backes, who sent it right to Schwartz in the slot. He beat Corey Crawford



The Blues' Jaden Schwartz collides with Blackhawks goaltender Corey Crawford on Sunday in Chicago. JONATHAN DANIEL/GETTY IMAGES

low on the glove side for his third career playoff goal and a 3-2 lead with 6:38 left.

The Blackhawks pulled Crawford for an extra attacker with 1:10 remaining, but Elliott and the Blues held on. Game 4 is Tuesday night in Chicago.

Brent Seabrook and Artem Anisimov scored for the Black-

hawks, who dropped to 28-7 in home playoff games since the 2013 post-season. It was their first home playoff game since they hoisted the Stanley Cup at the United Center last June.

Crawford finished with 33 saves.

With action fast and furious through the first two games, the

pace of play only picked up after the teams exchanged power-play goals in the first, with Brent Seabrook scoring for Chicago and Colton Parayko responding for St. Louis. The Blackhawks outshot the Blues 24-13 in the second when Anisimov's fluttering shot got past Elliott at 1:04.

THE ASSOCIATED PRESS

NBA PLAYOFFS

Irving, Cavs hold off pesky Pistons

Kyrie Irving scored 31 points in his first playoff game since being injured in last year's NBA Finals and Kevin Love added 28, leading the Cleveland Cavaliers to a 106-101 win over the young and confident Detroit Pistons in the opener of their first-round playoff series Sunday.

LeBron James added 22 points and 11 assists for the top-seeded Cavs, who are favoured to win the Eastern Conference again but got all they could handle from the Pistons.

Love, knocked out of the playoffs with a shoulder injury in the first round a year ago,

GAME 1 In Cleveland

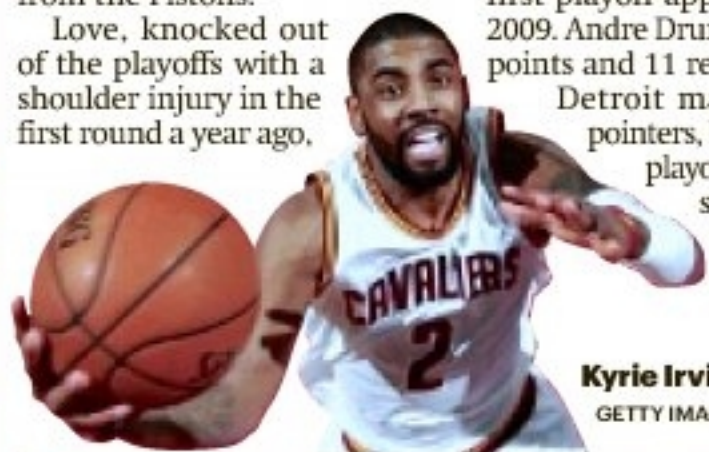


made two critical three-pointers in the fourth.

Kentavious Caldwell-Pope scored 21 and Marcus Morris 20 — but just one after halftime — for the Pistons, making their first playoff appearance since 2009. Andre Drummond had 13 points and 11 rebounds.

Detroit made 15 three-pointers, but the Pistons' playoff inexperience showed in the final minutes.

THE ASSOCIATED PRESS



Kyrie Irving
GETTY IMAGES

MLB IN BRIEF

Sanchez's goes 7 innings to boost Jays past Red Sox

Aaron Sanchez allowed two hits in seven innings of one-run ball, and Jose Bautista drove in two runs with a solo homer and a double to lead the Toronto Blue Jays over the Boston Red Sox 5-3 Sunday.

Edwin Encarnacion added two singles and an RBI for the Blue Jays, who had lost two straight and were 1-4 against the Red Sox.

THE ASSOCIATED PRESS

Yankees snap 4-game skid

Alex Rodriguez, dropped three spots to sixth in the batting order, hit a two-run homer that snapped his hitless skid and sent the New York Yankees past the Seattle Mariners 4-3 on Sunday, ending their four-game losing streak.

Masahiro Tanaka topped old pal Hisashi Iwakuma in the first major-league pitching matchup of former Japanese teammates.

THE ASSOCIATED PRESS



WIN A WEEK IN THE SUN WITH YOUR FAMILY!

6100 today's best music

QUALIFY DAILY!

COMPLETE RULES AVAILABLE AT 6100FM.COM



credit700.ca

\$750 Loan and more

No credit check

Open 7 days from 8 to 8 (EST)

Call us or apply online

1-855-527-4368

www.credit700.ca

HOME HEATING

Heat Pumps
from \$33/mth

Nova Scotia Power
On Bill Financing



902-444-7870

Halifax | Dartmouth
Sackville | HRM

Give it
to a
friend
at no
extra
cost.



APARTMENTS

APARTMENT FOR RENT

30 SPRINGHILL RD. DARTMOUTH

Spacious 1, 2 & 3 br apartments
in prestigious location.

Heat/HW & Parking included

\$550 - \$700

902-489-5868 • halifaxapartmentrentals.ca

Visit metronews.ca



Barça crashing back to Earth

LA LIGA

Catalans fall again days after Champions League ouster

Barcelona fell to Valencia 2-1 at the Camp Nou on Sunday, losing its third straight game to allow Atletico Madrid to draw level on points atop the Spanish league with five rounds to go.

Atletico erased Barcelona's lead by beating Granada 3-0 earlier Sunday. Real Madrid is only one point behind after winning 5-1 at last-place Getafe on Saturday.

Atletico was trailing by nine points three rounds ago and Real Madrid was 12 points back four games ago.

At the time, Barcelona was cruising toward a repeat of the Champions League, Spanish league and Copa del Rey treble. But Luis Enrique's squad has won only one of its last six, was eliminated by Atletico in the Champions League quarter-finals on Wednesday and has seen its league lead disappear. Its 39-game unbeaten streak ended with a



Brazil's Neymar during Sunday's match in Barcelona.

LUIS GENE/AFP/GETTY IMAGES

SPAIN'S TOP SIX

	GP	W-D-L	Pts.
Barcelona	33	24-4-5	76
Atletico	33	24-4-5	76
R. Madrid	33	23-6-4	75
Villareal	33	17-9-7	60
Bilbao	33	16-6-11	54
Celta Vigo	33	15-8-10	53

Champions League
Europa League

home loss to Real Madrid earlier this month.

Atletico has three of its last five games at home, while Barcelona will play away three times. Real Madrid also is away in three of its last five matches.

Valencia opened the scoring after Barcelona midfielder Ivan Rakitic deflected a cross into his own net in the 26th minute. Midfielder Dani Parejo then provided a perfect pass for Santi Mina's precise shot into the far corner in first-half injury time.

Lionel Messi scored his 500th career goal in the 63rd to end a five-game scoring slump that was his worst in five years. He completed a cross by Jordi Alba to keep his team's hopes alive, but it was not able to capitalize on its chances of equalizing.

Valencia had several opportunities to put the game away in counterattacks, but the best scoring chance of the match was squandered by Barça defender Gerard Pique in the 89th. He had only the goalkeeper to beat but missed from close range.

Valencia keeper Diego Alves made a few great saves to help secure the win, including a spectacular one after a Rakitic shot in the 75th. THE ASSOCIATED PRESS

Ten-man Leicester claw for point

Leicester is drawing on the fighting spirit it required to survive in the Premier League a year ago to win the title for the first time.

Down to 10 men after being shaken by the dismissal of top scorer Jamie Vardy in the 56th minute, the leaders conceded twice to trail West Ham 2-1.

On a day of drama and divisive refereeing at the King

Power Stadium, there was one final twist in the fifth minute of stoppage time when Leicester's substitute striker Leonardo Ulloa displayed coolness from the penalty spot to equalize.

Despite dropping points



Claudio Ranieri

THE ASSOCIATED PRESS

with the 2-2 draw, Leicester extended its lead to eight points over Tottenham, which is at Stoke on Monday.

"We play every match with blood, heart and soul," Leicester manager Claudio Ranieri said. "I said thank you to my players, my fans. We must believe every time. It's very important psychologically."

THE ASSOCIATED PRESS

IN BRIEF

Edwards wins at Bristol

Carl Edwards avoided tire issues that hampered his teammates and took off on the final restart to win the NASCAR Sprint Cup Series race Sunday at Bristol Motor Speedway in Tennessee.

Starting on the pole for the second straight week, Edwards led 276 of 500 laps in Joe Gibbs Racing's No. 19 Toyota en route to his first win of the season and fourth on the half-mile oval. THE ASSOCIATED PRESS

Canadian women relegated after loss in Fed Cup tie

Dominika Cibulkova downed Aleksandra Wozniak 6-2, 6-0 to propel Slovakia past Canada 3-2 on Sunday in their Fed Cup World Group II playoff tie.

The world No. 38 Cibulkova dominated from the back of the court, hitting 24 winners, including 18 off the forehand wing. She also limited her unforced errors to 15 compared to Wozniak's 28.

The loss means that Canada will be relegated to the Americas Zone Group I competition in 2017 for the first time since 2013.

THE CANADIAN PRESS

Grace-ful final day at RBC

Branden Grace shot a 5-under 66 to overtake Luke Donald and win the RBC Heritage on Sunday for his first PGA Tour title and 11th worldwide victory.

Three shots behind Donald entering the day, Grace moved to the top with four birdies on his first six holes. The South African pulled three shots in front of Donald after birdies on the 12th and 13th holes.

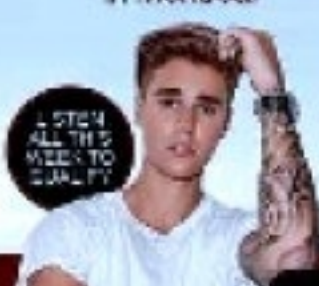
Grace finished at 9-under 275, two shots ahead of Donald and Russell Knox.

THE ASSOCIATED PRESS

Wakinights at 6 Kat counts down the HOTTEST songs of the day.

SIX@6 LAST NIGHT:

- 6 Drake ft. Wizkid and Kyla One Dance
- 5 Ria Mae Gold
- 4 Meghan Trainor No
- 3 Justin Bieber Company
- 2 Zara Larsson ft. MNEK Never Forget You
- 1 Fifth Harmony ft. Ty Dolla Sign Work From Home



1013TheBOLNE.com 1013thebounce

PLAY Yesterday's Answers

from your daily crossword and Sudoku

3	8	9	1	6	4	2	5	7
2	4	7	9	3	5	6	8	1
1	6	5	2	7	8	9	4	3
6	1	3	7	4	9	8	2	5
7	9	2	5	8	3	1	6	4
4	5	8	6	1	2	7	3	9
5	3	1	8	2	7	4	9	6
9	2	6	4	5	1	3	7	8
8	7	4	3	9	6	5	1	2

for more fun and games go to
metronews.ca/games

RECIPE Niçoise Pasta



PHOTO: MAYA VISNIEI

Ceri Marsh & Laura Keogh
For Metro Canada

This recipe is the cozy, pasta version of my all-time favourite salads. And I bet you have most of the ingredients in your pantry right now.

Ready in
Prep time: 5 minutes
Cook time: 20 minutes

Ingredients

- 500 grams spaghetti
- 3 Tbsps olive oil
- 3 cloves garlic, crushed
- 1/2 cup black olives, pitted and roughly chopped
- 1 pint cherry tomatoes, roughly chopped
- 1/4 cup capers
- 2 x 5 oz tin of tuna, drained
- 3 or 4 leaves of fresh basil, torn into pieces
- 1/2 cup Parmesan, grated

Directions

1. Put a bit pot of well-salted water on to boil. Cook pasta according to package instructions. Just before you drain, remove 1 cup of cooking liquid and set aside

2. In another large pot, warm up olive oil over medium heat. Toss in garlic, tomatoes, olives and capers. Stir and let the garlic cook for a couple of minutes. Add the tuna and break it up a bit, not too much.

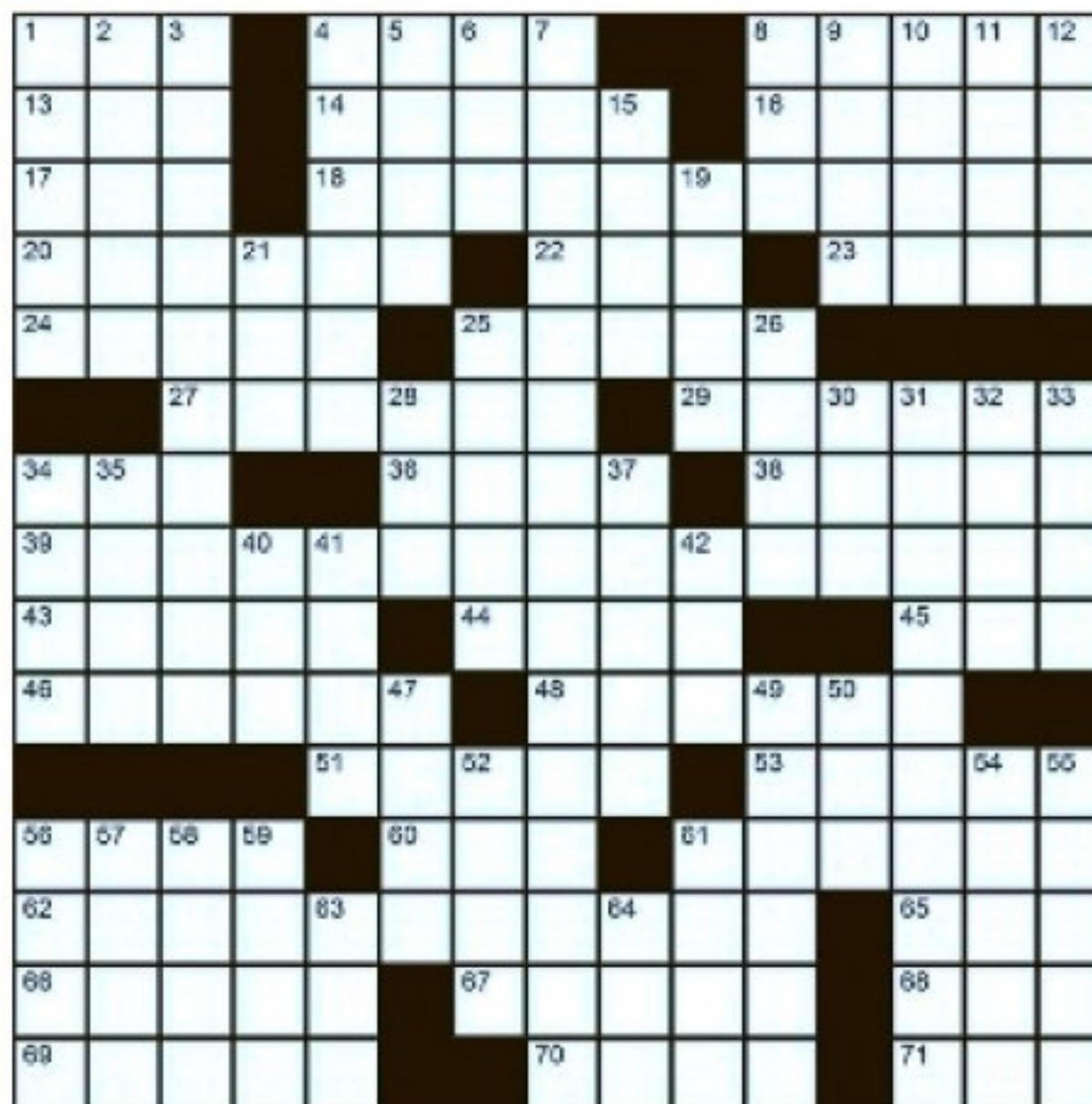
3. Add the cooked pasta and toss together until the pasta is well-coated and the rest of the ingredients are spread throughout. Pour in your cooking liquid bit by bit until the pasta loosens up.

4. Serve with a topping of grated Parmesan and fresh basil.

FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS

- TV part [abbr.]
- Money
- Happen
- Howe'er
- Run _ of (Conflict)
- _ wheat bread
- Vodka, e.g.
- Lotto Max's extra prizes when the jackpot reaches \$50,000,000
- More mawkish
- Quebec 'friend'
- Thundering sound
- Without a _ stand on
- Pray at the pew
- Guarantee
- More fictitious
- TV personality Ms. Vieira, to pals
- Diana _ & The Supremes
- Bishop's hat
- Barrens Willow of Newfoundland, as an example of one unique to Canada: 2 wds.
- Brandon _ Hilary Swank Oscar-winning role
- Prefix to 'bat' (Circus performer)
- Froms opposites
- Author Mr. Hemingway
- Discount
- Blender setting
- "_ _ _ Feel the Noise": 1983 hit for Quiet Riot
- "Scram!"
- Cave's ceiling clinger
- '70s songstress Ms. Carpenter's

- 'Natural Region' of the Tuktut Nogait National Park in the Northwest Territories: 2 wds.
- Napoleonic Wars marshal
- Bandleader/clarinettist Mr. Shaw
- "Can't you _ _?"

- (Hey! I'm over here!)
- Food container
- _ Ambition (Madonna's 1990 world tour)
- Movie studio
- Canadian engineering group, _ _ _ Lavalin

DOWN

- Lesley of "60 Minutes"
- Ms. Sevigny
- Landscaper's creation: 2 wds.
- Engraved-head necklace pieces
- Way off
- Chicago White _

- CFHS = Canadian Federation of _ _ (Host of the National Animal Welfare Conference, in Toronto from April 16th to 19th, 2016)
- Hedwig, for one
- Fashionable
- Hip
- Forearm bone

- Reply to, briefly
- Green hue
- Poet's 'willingly'
- TGIF part
- Iceland monetary unit
- Desk light
- 'Text' suffix
- Small, small-ly
- Financial mailings
- Mr. Rubik (Rubik's Cube inventor)
- Soaks flax
- Bitty bug
- Vitality [abbr.]
- _ protector (Electronics store purchase)
- Suffix with 'Hero'
- Heave
- Ben, to Brian Mulroney
- Band's big brass
- Irish playwright Sean (b.1880 - d.1964)
- Karel Capek sci-fi play
- Hurrahs!
- To _ _ Paradise (Edgar Allan Poe poem)
- "Tearin' Up My Heart" quintet
- Wild guess
- Lose yer lunch
- Catch _ ('Get')
- Aesir ruler
- J-O link
- Canadian flag colour
- British singer Mr. Sayer

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Take a look in the mirror today. What can you do to improve yourself? Ponder this today, but wait until tomorrow to act.

Taurus April 21 - May 21
A secret love affair with someone older might take place today. Others might make private plans with someone who is more experienced or in a position of authority.

Gemini May 22 - June 21
Don't hesitate to ask someone older or more experienced for his or her advice today, because you will benefit. The tricky thing is that tomorrow is a better day to apply whatever you learn.

Cancer June 22 - July 23
Discussions with authority figures will be friendly and helpful today. However, do not volunteer for anything today — wait until tomorrow.

Leo July 24 - Aug. 23
Today you will appreciate the creative efforts of others, especially people from other countries or different cultures. Do not buy anything today except for gas and food.

Virgo Aug. 24 - Sept. 23
A romantic relationship with someone older might begin today. If you have discussions about shared property and inheritances, wait until tomorrow to make important decisions.

Libra Sept. 24 - Oct. 23
This is a good day to discuss problems with a friend or a partner, because your sense of reality is strong. However, to be wise, wait until tomorrow to agree to anything important.

Scorpio Oct. 24 - Nov. 22
You want to protect what you have at work today; however, it's imperative to know this is a poor day for important decisions. Just get your facts.

Sagittarius Nov. 23 - Dec. 21
Relations with children will be serious today. Even romantic relationships will involve discussions about responsibilities and shared expenses. Wait until tomorrow to know what you really want to do.

Capricorn Dec. 22 - Jan. 20
This is a good day to get your facts in order so that you can secure your family in a better way for the future. Someone older might have advice for you. Make your decision tomorrow.

Aquarius Jan. 21 - Feb. 19
It will be easy to attend to routine tasks that require attention to detail, because your mind is focused today. However, if you are signing important documents, wait until tomorrow.

Pisces Feb. 20 - March 20
Your approach to finances will be conservative today. Do not buy anything today except for gas and food.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

Conceptis Sudoku

By Dave Green

			7	5				
	9	4		6		5	1	
	1						3	
8				3				4
	4						6	
9				7				2
	5						9	
	6	9		8		4	7	
			3	1				

©2014 Conceptis Puzzles, Inc. All rights reserved. King Features Syndicate, Inc.



Creativity is subjective. **The truth isn't.**

Truth in Advertising Matters.



Advertising Standards Canada
adstandards.com/psa

ONLY AT O'REGAN'S DARTMOUTH HYUNDAI

ENDS
APRIL
30TH

LIMITED SUPPLY!
NO RAIN CHECKS

DEALER INVOICE PRICING

2016 ACCENT

WAS \$13,899 NOW **\$8,999**

SAVE
\$4,900

4DR

5DR

YOU PICK

BUY FROM
\$25^{*}/WK

OR

upgrade

AUTOMATIC
WITH A/C, REMOTE
STARTER

FOR
\$35^{*}/WK



SAVE
\$4,500

2016 ELANTRA LE-R

WAS \$18,799 NOW **\$14,299**

OR
BUY FROM
\$39^{*}/WK

OR

upgrade

2016 ELANTRA GL

SAVE
OVER
\$5,000

BLUETOOTH,
HEATED SEATS,
CRUISE

FOR
\$42^{*}/WK

OR

upgrade

even more

2016 ELANTRA GLS

ALLOY WHEELS,
SUNROOF, FOG
LIGHTS

FOR
\$49^{*}/WK



FREE
WINTER TIRES

OR

BONUS

7 YEAR
WARRANTY
120,000 KM
COMPREHENSIVE LIMITED WARRANTY*

ON ANY 2016
ELANTRA PURCHASE

CANADA'S
BEST
MANAGED
COMPANIES
Platinum member

O'REGAN'S
DRIVING HIGHER STANDARDS

DARTMOUTH
HYUNDAI

60 BAKER DRIVE, UNIT - D
465-7500
oreganshyunda Dartmouth.com

*See dealership for more details. vehicle not actually as shown, limited availability. Tax and fees not included in payment or price. Offer subject to change without notice. Your choice of bonus warranty or free winter tires with oregans financing.